What is the difference between an Osteopath and a Chiropractor and a Physiotherapist?

The main difference between osteopathy and other manual therapies is the underlying principle that all of the body’s systems are interrelated. Osteopaths therefore tend to treat the body more completely, use a vast array of techniques and generally conduct longer treatments than most manual therapists.

What is the difference between a chiropodist and a podiatrist?

The old term for podiatrists in the UK was chiropodist but as the profession has grown and developed it has moved away from this name. Up until recently anyone could call themselves a chiropodist or podiatrist without having any recognised degree qualifications. It was common for people to complete correspondence or eight week residential courses and start up private practices calling themselves Chiropodists or even Podiatrists. Nowadays the profession is regulated by the Health Protection Council and those not completing degree qualifications can only call themselves 'Foot Health Practitioners', however those that completed their training earlier and had been working in private practice for a minimum of three years and met a minimum set of requirements could become registered with the HPC through a process know as grandparenting, brief detail of which can be seen here - HPC grandparenting FAQ. Podiatrists or chiropodists who have not completed a degree course however are not able to work for the National Health Service in the UK.

How do you clean the instruments for podiatry?

Our instruments are manually scrubbed and then ultrasonically cleaned in a special anti-rust/antiseptic solution before being individually wrapped and sterilized in a sterilizer that meets international standards.